



Health and Social Care newsletter

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June 2018

Hello,

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Welcome to the June issue of our Health and Social Care newsletter.

If you are pushed for time here are a few highlights from this issue:

- The Scottish Government published new [Scottish Autism Strategy](#)
- The [Self Management Awards](#) and [Scotland's Dementia Awards](#) are now open for nominations!
- Aberdeen's Learning Disability Strategy has been launched - find out more and share your views [here](#)
- [Being Human Conference](#) brought together some great speakers to explore the world of learning difficulties
- The ALLIANCE hosted the first of many discussions on the concerns around [the effect of Brexit](#) on health and social care in

Aberdeen

Including content in this newsletter is free - share your news with us by emailing [Kaja Czuchnicka](mailto:kaja.czuchnicka@nhs.uk)

Warmest Regards,

Kaja Czuchnicka

Partnership and Enterprise Officer

Funding

[Help the homeless](#)

Closing date: 15th June

[Greggs Foundations](#)

[Local Community](#)

[Projects Fund](#)

Closing date: 22nd June

[Royal Voluntary](#)

[Services Scotland -](#)

[Sheds Grant Fund](#)

Closing date: 24th June

[Self-Management Fund](#)

[- Working Together to](#)

[Strengthen Integration](#)

Closing date: 29th June

[Neighbourhood Health:](#)

[The Health](#)

National News

[New Scottish Autism Strategy published](#)

Autistic people and their families will receive tailored information about all the local support available to them, under an updated national strategy.

The Scottish Government will work with partners to create a 'national post-diagnostic support toolbox' that pulls information about local services into one place. It is in response to requests for better support during and after diagnosis, and for consistent, relevant and up-to-date information. The toolbox was announced in the updated Scottish Strategy for Autism, which outlines the priorities for the next three years.

[Carers Act - Communications Pack](#)

The Carers (Scotland) Act 2016 came into force on April 01 2018. This Act will enhance and improve the rights of carers and will also help to support

[Improvement Fund](#)

Closing date: 29th June

[The Hunter Foundation
- The Innovation Fund](#)

Closing date: 29th June

[Scotch Whisky Action
Fund](#)

Closing date: 29th June

[Mental Health Fund](#)

Closing date: 6th July

[Cycle Friendly
Employer Development
Fund](#)

Closing date: 9th July

[Fair Food
Transformation Fund](#)

Closing date: 18th July

[Skipton Building
Society Grassroots
Giving](#)

Closing date: 31st July

[Sport Facilities Fund](#)

them to have a life alongside caring, if they so wish.

The Scottish Government have produced a document to aid with increasing awareness of the Act, particularly amongst external stakeholders and partners who they may not have been in correspondence with previously.

[Scottish Government publishes Practising
Realistic Medicine report](#)

Chief Medical Officer Dr Catherine Calderwood is calling for a move away from the “doctor knows best” culture

The latest in a string of Chief Medical Officer (CMO) annual reports highlighting the importance of “realistic medicine” has placed the emphasis on “practising” these values by asking people five key questions to help them get the most out of conversations with a doctor or nurse.

Speaking at the launch of her report at Airdrie Community Health Practice, Dr Calderwood said: “We want to ensure patients receive care and treatment that’s right for them. I want to see a change in culture to one where both professionals and people receiving care combine their expertise and become more comfortable in sharing decision making. That’s why the five questions feature in my report – because they offer a simple and straightforward way to have better conversations between doctors patients and their families.”

Closing date: 1st
September

[St James Place
Charitable Foundation](#)

Ongoing

[The Self Management Awards 2018 are now
open for nominations](#)

Each year the ALLIANCE host the Self Management Awards which celebrate examples of good practice and promote a range of innovative self management work that exists all over Scotland. This year's Award categories are:

- Self Management Project of the Year
- Self Management Champion of the Year
- Self Management Resource of the Year
- Self Management Partnership of the Year
- Individual Transformational Story of the Year
- Year of Young People – Self Management Award

Closing date is 12pm on **Monday 30th July**.

[Scotland's Dementia Awards are now open](#)

The search is on across Scotland to recognise, promote and celebrate the inspirational achievements of those making a difference to support people living with dementia and their families, with the launch of Scotland's Dementia Awards.

With six categories, the Awards recognise the country's most innovative and ambitious dementia projects including: Best Hospital Care Initiative, Best Community Support Initiative, Best Innovation in Care Homes, Best Dementia Friendly Community

Initiative, Best Educational Initiative and Most Innovative Partnership.

The deadline for applications is **Friday 8 June** 2018.

Events

[Alzheimer Scotland National Conference](#)

8th June, 10:00-16:00,
Edinburgh

[Tomorrow's World Today: New Frontiers in Mental Health conference](#)

14th June, 9:00-16:00,
Stirling

Data and Intelligence: the key to good decision making in health and social care

19th September, 9:55-
16:00, Dundee

more info:

NSS.LIST@nhs.net

For more events see our
weekly e-bulletin [here](#)

Local News

[Launch of the Aberdeen Learning Difficulty Strategy](#)

Aberdeen's Learning Disability Strategy has been launched by service-users with a special celebration on 18th May at Pittodrie Stadium.

The local strategy for the city, entitled "A'thegither in Aberdeen", covers the period 2018–23 and has been developed by officers from Aberdeen City Health & Social Care Partnership, people with learning disabilities and a range of other stakeholders.

ACHSCP have also launched [Action Plan Consultation](#) and welcomes all thoughts and views on this plan. You can find the survey [here](#).

ACHSCP have also developed an accessible guide to the consultation which can be viewed [here](#).

The consultation period will close on Monday 25th June.

Being Human Conference

'Making a difference comes when ordinary people do ordinary things with extraordinary love.' J.P. Vanier

On 16th May C-Change brought together some great speakers to explore the world of Learning Difficulties and support of clients in Aberdeen and nationally. Professor John Swinton talked on the theme of 'Being Human' in all our services, focussing on compassion, kindness and the work of Jean Paul Vanier.

Jane Russell, ACVO's Partnership Manager, was delighted to contribute to the panel discussion on the support available locally and what needs to happen so people with learning disabilities get the help they need.

Grampian Dementia Conference

25th May saw the annual Grampian Dementia conference at Aberdeen Exhibition and Conference Centre. We heard some superb examples of how people and their families have coped with a dementia diagnosis and what challenges we face here in Aberdeen. The day was thought-provoking and also challenged all of us in how we think and act in supporting people around the condition.

A local conversation on Brexit

On 21st May there was the Discussion on Brexit with The Alliance and Maureen Watt, Minister for

Mental Health. The first of many discussions with Aberdonians, explored peoples worries and concerns around the effect of Brexit on health and social care in Aberdeen.

Mental Health Awareness week

ACVO was delighted to take part in RGU's Mental Health Movie Monthly event on 14th May. The evening saw a showing of 'Mustang' and was hosted by Dame Anne Begg. RGU holds a movie showing and a discussion around mental health issues every month. You can find out more [here.](#)



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Thank you for signing up to the Health and Social Care newsletter! Kaja

Our mailing address is:
ACVO TSI
38 Castle Street
Aberdeen, Abe AB11 5AA
United Kingdom